SAIC Annual Title IX Training 2022

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Getting started and figuring out the afternoon...

- Who are we in community with today
- Groups for the day...names/pronouns/role...recorders/reporters; lots of talking and working with one another in groups
- Need for training/next two days
- Managing the days
- We’re here for...everyone
- Topics being discussed can be challenging - please do what you need to do to care for yourself
Wednesday, September 28

- 12-12:15 pm: Welcome/Introductions
- 12:15-12:50 pm: Discussion re: rape culture
- 12:50-1 pm: Break
- 1-1:50 pm: Rape culture cont./SA
- 1:50-2:10 pm: Break
- 2:10-3 pm: Stalking, DV
- 3-3:10 pm: Break
- 3:10-3:45 pm: Trauma/effects
- 3:45-4 pm: Wrap up/tomorrow
Gender-based violence (GBV)

- Framing and contextualization of GBV in regard to Title IX
- Use of majority terms/limitation of data (binary)
- Specific acts of GBV
- Rape culture
Discussing and understanding rape culture

- What is this term?
- Definition exercise
- Rape culture explained... [video]
- Rape culture illustrated... [video]
- How did we get here?
How did we get here?

- Ancient history - women’s bodies needed for reproduction/became commodities
- Bride captures/bride purchases
- Code of Hammurabi (1756 BC) - married women who was raped (by someone other than their husband) was guilty of adultery
- Ancient mesopotamia - women sold into marriage/sex work for $$$
- Roman Empire - men could legally chastise, abuse, kill wives
- Witch trials/burning 16th/17th century - Susan Brownmiller/oppression linked with sexual violence
- England, 18th century - cure for venereal disease was sex w/virgin
- Modern day - married name changes
- Rape myths
Myths and facts...

- Stranger vs. non-stranger
- **Sexual assault is an act of lust and passion and cannot be controlled**
- Freedom of choice vs. safety
- If a victim-survivor does not fight back, they must have thought the assault was not that bad or they wanted it (tonic immobility)
- Sex workers cannot be raped because they are selling sex
- False claims
- Clothing inspires assaults
- **Risk-reduction tips**
- Demographics and intersections
What perpetuates rape culture? (activity)
What perpetuates rape culture?

- Dehumanization of women
- Shaming of survivors/victims
- Rigid gender binaries
- Men’s sexual entitlement
- Trivialize rape
- Criminal Justice System
Dehumanization of women
Shaming of victim-survivors
Rigid gender binaries

You mean a woman can open it?

Does your husband yawn at the table?

The things women have to put up with. Most husbands, nowadays, have stopped beating their wives, but what can be more agonizing to a sensitive soul than a man’s boredom at meals. Yet, lady, there must be a reason. If your cooking and not your conversation is monotonous, that’s easily fixed. Start using soups more often, with lighter, more varied dishes to follow. Heinz makes 18 varieties.
Sexual entitlement
Trivializing rape

20 minutes of action...
Criminal Justice System

Throughout the police, CPS and court system, victims and survivors are facing ineptitude, indifference and misogyny. The situation is unacceptable, and immediate action is needed.

— Rape Crisis England & Wales
What is known as the double-standard in heterosexual relationships?

- How is this defined?
  - The sexual double standard (SDS) consists of judging heterosexual men and women differently for the same sexual behavior. The traditional SDS implies that men always think about sex and women must be “gate-keepers” of their own sexuality (Seabrook et al., 2016)

- What are its traits and characteristics?
- How is this experienced? (activity)
Laws regarding rape; “War on Crime”
Understanding of rape through laws...

“It was only date rape.”

- “Traditional” definition of rape
  - With this understanding, corroborative evidence would be readily available
- Prior to laws being amended in 1970s and 1980s, this was how rape was understood, taught, and administered
- “Tough on crime” laws in 1990s demonized sex crimes and sex criminals to deviancy
- How was rape, as a law, originally interpreted (pre-modern day)?
Sexual assault & rape...

- Definition
- Terms are often used interchangeably
- Statistics and information (activity) [RAINN/NSVRC](https://www.rainn.org
- Knowing the rapist
  - Stranger vs. known
  - Conventional wisdom
- Serial predation
  - [Lisak study](https://www.rainn.org) (2002); Foubert et al. (2019)
  - What is evident?
- Discuss consent tomorrow
Stalking…

- Definition
- Statistics and understanding of context - SPARC (activity)
More on stalking...

- Unique aspects of stalking
  - Victims must collect the evidence and data
  - Acts of stalking, out of context, can seem innocent and harmless
  - Victims are experts in their stalkers
  - Use of technology/electronic surveillance

- Stalking in higher education
- Stalking crossover with co-morbidities of intimate partner violence (IPV)
Domestic violence...

- Definition and statistics ([https://www.ilcadv.org/](https://www.ilcadv.org/))
- Types of violence that exist; (activity)
- Cycle of violence
- Access to resources
Power and control wheel

- Using Coercion and Threats
  - Making and/or carrying out threats to do something to hurt her
  - Threatening to leave her, to commit suicide, to report her to welfare

- Using Economic Abuse
  - Preventing her from getting or keeping a job
  - Making her ask for money

- Using Emotional Abuse
  - Making her feel bad about herself

- Using Isolation
  - Controlling what she does, who she sees and talks to

- Using Children
  - Making her feel guilty about her children

- Using Male Privilege
  - Treating her like a servant

- Using Minimization, Denying and Blaming
  - Making light of the abuse

- Physical Violence
- Sexual Violence
Cycle of violence - never a ‘spur-of-the-moment’ act...
Trauma and Title IX...

- Trauma survivors
  - Effects of trauma
- Interviewing and investigating
  - Methodology
  - Mistakes to avoid
Trauma survivors...

Common signs

- Have difficulty remembering specifics
- Become easily confused
- Have difficulty formulating verbal responses
- Avoid eye contact
- Speak softly
- Look to others for reassurance
- Appear calm, unemotional, detached
- Startle easily
- Appear embarrassed or ashamed
- Assume blame
Trauma survivors...

- Undischarged traumatic stress
- Trauma memories
- Factors impacting trauma
- Interviewing/investigating in a trauma-informed approach
Tomorrow...

- Thank you for your time and attention today
- Review policies and procedures
- Bring any and all questions
- Thank you!